

## The difference between *zuhd* and *wara'*

With regards to the difference between *zuhd* and *wara'*, the Shaykh Muhammad ibn Saalih al 'Uthaymeen *rahimahullaah* comments:

And *zuhd* with regards to this worldly life is having disdain for it and that the person does not partake of it other than that which will benefit him in the Hereafter.

And it (*zuhd*) is higher than *wara'* because *wara'* is: to leave those matters of the worldly life which cause harm.

And *zuhd* is to leave that which will not benefit in the Hereafter.

And leaving off that which will not benefit is higher than leaving off that which causes harm – because *zuhd* includes the intermediate level which contains neither harm nor benefit.

So *zuhd* avoids that which contains no benefit; as for *wara'* then (the person) does that which is permitted for him but leaves off that which harms him.

*(Sharh of an Nawawee's Forty of Shaykh Muhammad ibn Saalih al 'Uthaymeen rahimahullaah , p318)*