

## The blessing of *as Siyaam* (fasting): 2

**With regards the blessing of *as Siyaam* (fasting) and its effect in increasing *taqwaa*, the Shaykh Abdur Rahman ibn Naasir as Sa'dee rahimahullaah comments on the statement of Allaah, the Most High:**

**<<O you who believe! Fasting has been prescribed for you just as it was prescribed for those before you, so that you may attain *taqwaa* (fear of Allaah and being dutiful to Him).>><sup>1</sup>**

Then from that which it (fasting) contains, by way of *taqwaa*, is that:

the fasting person leaves off that which Allaah has made forbidden for him (whilst fasting), from food, drink, sexual intercourse and its like, that which his soul inclines towards - seeking to draw closer to Allaah by that, hoping for His reward by leaving them.

So this is from *taqwaa*.

*(Tayseer ul Kareem ir Rahmaan of Shaykh as Sa'dee p68)*

---

<sup>1</sup> Soorah al Baqarah (2) aayah 183