

The blessing of *as Siyaam* (fasting): 1

With regards the blessing of *as Siyaam* (fasting), the Shaykh Abdur Rahman ibn Naasir as Sa'dee *rahimahullaah* comments on the statement of Allaah, the Most High:

<<O you who believe! Fasting has been prescribed for you just as it was prescribed for those before you, so that you may attain *taqwaa* (fear of Allaah and being dutiful to Him).>>¹

He, the Most High, informs of that with which He has blessed His servants- in that He has made fasting obligatory upon them just as He made it obligatory upon the previous nations.

This is because it is from the *Sharee'ahs* (Legislations) and the commandments which are of benefit to the Creation in every time.

And in it is an encouragement for this (Muslim) nation in that it is befitting for you to compete with those other than you in making your actions complete and perfect - and to rush to (acquiring) righteous characteristics; and that it is not from those heavy matters which (only) you have been singled out with.

Then He, the Most High, mentioned His Wise Purpose behind legislating the *Siyaam* (fasting); so He said:

... So that you may attain *taqwaa*...

For fasting is indeed from the greatest of means to (attaining) *taqwaa* because there is in it obedience to the Command of Allaah and staying away from His Prohibitions.

(*Tayseer ul Kareem ir Rahmaan of Shaykh as Sa'dee p68*)

¹ *Soorah al Baqarah* (2) *aayah* 183