

## 7 – Fasting when on a journey – part four

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From Jaabir ibn ‘Abdillaah *radi Allaahu ‘anhu* who said:

The Messenger of Allaah *sall Allaahu ‘alaihi wa sallam* was upon a journey. Then he saw a crowd and (he saw) a man who was being shaded.

So he said, “***What is this?***”

They said, “*A fasting person.*”

He said, “***Fasting upon a journey is not from righteousness.***”

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The Shaykh Muhammad ibn Saalih al ‘Uthaymeen *rahimahullaah* commented:

Jaabir *radi Allaahu ‘anhu* informed that the Prophet *sall Allaahu ‘alaihi wa sallam* was upon his journey in the year of the Conquest, in Ramadaan.

So he saw a group crowding around, in order to take a look at a person - as though he were affected by heat and thirst and he was being shaded.

And he was lying down, as occurs in the narration of ibn Jareer.

So the Prophet *sall Allaahu ‘alaihi wa sallam* asked (about him), so they said, “*He is a man who is fasting.*”

And because the fasting had caused him to reach this degree (of discomfort), the Prophet *sall Allaahu ‘alaihi wa sallam* said that fasting upon a journey was not from righteousness when it caused the fasting person to reach that level (of discomfort).

And the Shaykh ‘Abdullaah ibn ‘Abdir Rahmaan aale Bassaam *rahimahullaah* commented:

And He (Allaah) did not wish from you that worship of Him would be torturing yourselves.