

5 – Fasting when on a journey – part two

From Anas ibn Maalik *radi Allaahu ‘anhu* who said:

We would go on a journey with the Prophet *sall Allaahu ‘alaihi wa sallam* and the fasting person would not criticise the non-fasting person nor would the non-fasting person criticise the fasting one.

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The Shaykh ‘Abdullaah ibn ‘Abdir Rahmaan aale Bassaam *rahimahullaah* commented:

The Companions would go on a journey with the Prophet *sall Allaahu ‘alaihi wa sallam* so some of them would refrain from fasting and some of them would fast.

And the Prophet *sall Allaahu ‘alaihi wa sallam* would consent to that because fasting is the *asl* (enduring normal rule), and refraining from fasting is the concession (to that rule).

And there is to be no criticism for leaving off the concession.

Therefore some of them did not criticise the others for fasting, or refraining from fasting.